

STELLA LEO

15/54, Main Square, NY. · 111-111-1111

[Email](#) · [LinkedIn Profile](#) ·

A certified dietitian with 6+ years of experience in creating personalized meal plans to meet the needs of each client. Dedicated to curing patients through their diet improvement applying advanced knowledge of human anatomy and physiology.

EXPERIENCE

Registered Dietician

2016 – Present

- Possess expert knowledge of nutritional needs for high-risk patients.
- Hands-on working experience in creating personalized meal plans.
- Contributed to hospital-wide projects initiating innovative approaches for managing complex patients.
- Awarded Service Excellence award for providing superior patient care for 2 consecutive years.
- Organized, lead, promoted staff, patients, and their families to participate in a yoga program to increase physical activities.

Clinical Dietitian

2014 – November 2016

- Actively participated in the interdisciplinary care planning, diet charts, and team process.
- Individualized menus for patients and encouraged organic supplements.

EDUCATION

MS in Dietetics.

2015

LICENCES

- CDR Certified Registered Dietitian
- New York State License

SKILLS

Preparation of Gluten-free diets

Meal Planning

Effective communicator